



*Nature Composed*

2016 Workshop Catalog

# Growing Series

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Handmade Seeded Paper



# Plant a Blooming Garden Box

Plant and establish a self fertilizing, healthy soil ecosystem and garden in a wooden window box. Learn about the basics of sustainable container gardening practices while planting a beautiful window box to take home and enjoy all season long.

## PRICE

\$250 per participant

## INCLUDED MATERIALS

- a garden box handmade from recycled palettes by a local craftsman
- selection of container plants and bulbs to choose from
- moss, soil, rocks
- fertilizer (active compost tea from Living Soil Solutions)

*class available at both locations*

*2-2.5 hours*

*5 participant minimum*



# Plant Your Own Terrarium

Come watch a demo by Jenn Pineau who will explain the basics of different terrarium types and how they function. All participants will create their own terrariums to take home.

## PRICE

\$75 per participant

## INCLUDED MATERIALS

- glass vessel
- soil mixes
- ferns and other woodland terrarium suitable plants
- cacti and other desert terrarium plants
- basic tools involved in the activity

*class available at both locations*

*5 participant minimum*

*1.5-2 hours*

*This workshop is available for all ages 4+*



# Earthworm Bin Composting (Vermiculture)

Cultivating and encouraging earthworms is a beneficial and rewarding practice. If your soil allows worms to thrive then your garden will follow suit. On our property we compost our veggie scraps and make organic fertilizer from the byproduct of the earthworm farm. Come learn about it, make and take home your own starter earthworm composting kit complete with worms. This class can be held at either location but is more enriching at the garden studio.

## PRICE

\$125 per participant

## INCLUDED

- instructional demo
- starter bin, bedding materials
- worms

*5 participants minimum*

*1.5-2 hours*

*kid friendly, hands on learning activity*



# Layered Garden Bed Building (No Till Gardening)

Cardboard is an abundant resource and a store of carbon that's easily digestible for fast growing mycelium. In our gardens, we start new beds by a process of building layers of carbon and nitrogen. This method requires no power tools or fossils fuels and feeds the soil. Learn different mulching techniques and approaches to bed building in this hands on workshop.

## PRICE

\$75 per participant

## INCLUDED

- hands on instruction and implementation of a new garden bed

*class available only at garden studio*

*5 participant minimum*

*1.5-2 hours*

*kid friendly, hands-on learning activity*



# Orchid Basics

Learn all about the orchid. Each participant chooses an orchid that is potted for the commercial trade. We'll repot and moss them in a proper orchid pot while learning about orchid basics and exploring solutions to the constraints of nurturing them in the home environment.

**PRICE**

\$125 per participant

**INCLUDED**

- large flowering orchid
- Campo Di Fiori orchid pot
- bark, moss, planting materials
- small bottle of orchid food

*class available at both locations  
5 participant minimum  
1-2 hours of instruction  
kid friendly, hands-on learning activity*





# Foundations of Flower Arranging without Oasis

Create thoughtful and naturally arranged floral designs. We'll have a beautiful selection of flowers/foliages to choose from and will introduce techniques to build a strong and flexible support grid for your designs without using Oasis products. Participants will create and take home a beautiful, lush arrangement in a clear footed bowl. This is a 2-3 hour workshop and can be held at either location.

## PRICE

\$225 per participant

## INCLUDED

- finished arrangement & vessel to take home
- hands in arrangement
- all flowers and materials

*5 participant minimum*



# Living Wreath Workshop

There are lots of variations on living wreaths. We'll go through a couple different approaches and then each participant will start on their own creation to take home and enjoy all season. This is a 3 hour workshop and can be held at either location.

## PRICE

\$250 per participant

## INCLUDED

- living wreath wire frame and backing
- growing medium, moss mixes
- succulents, air plants, dried bits

*4 person minimum*



# Holiday Wreath & Garland Making

'Tis the season for bringing a bit of the outside in! Come learn to make your own holiday wreaths and garlands this year. Participants will be led through a demonstration and will then start their own evergreen garlands/wreath to take home. This is a 2-3 hour workshop and can be held at either location.

## PRICE

\$150 per participant

## INCLUDED

- wide array of evergreens sourced from Grelen nursery
- metal wire or vine wreath base
- spool wire to take home

*5 participant minimum*





# Flower Crown Party

Flower crowns are and have always been popular. There are as many variations on the flower crown as one can dream up, from chunky Chiquita banana-esque, to a refined band of greenery. We'll talk about the different approaches and techniques then have fun putting together our own one of a kind creations. This is a 2 hour workshop and can be held at either location.

## PRICE

\$125 per participant

## INCLUDED

- wide array of flowers (fresh & dried), grasses, foliage, air plants, succulents, etc.
- wire or vine as bases
- silk ribbons

*5 participant minimum*



# Create a Painting Inspired by a Flower Arrangement

Led by Barboursville artist Carol Barber. Participants learn to extract from what they see and draw, to design a decorative painting inspired by a Nature Composed arrangement. Some prior drawing experience helpful. This is a 2-3 hour workshop and can be held at either location but is only available on Saturdays.

## PRICE

\$85 per participant

## INCLUDED

- all materials: canvas, acrylic paint, brushes, paper, drawing supplies

*5 participant minimum*



# Create Your Own Plant Dyed Silk Scarf

Led by textile expert Jess Lee of willow knows. Participants will discover which plants are suitable for dye extraction and learn advanced tie dye techniques. Everyone will walk away with their own unique plant dyed creation and the know how to keep experimenting. This is a 2-3 hour workshop and can be held at either location. This workshop is kid friendly.

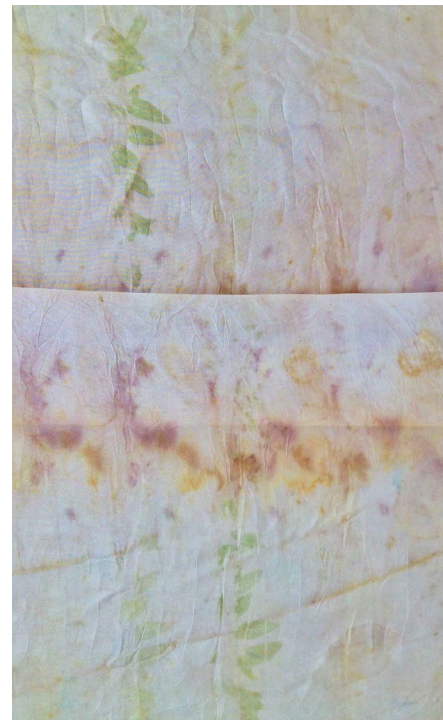
## PRICE

\$120 per participant

## INCLUDED MATERIALS

- plant/dye materials, plant dyed silk scarf (to be made in workshop) to take home

*6 participant minimum*



# Reset Your Jewelry

Give new life to a single earring or impossibly tangled necklace in this 3 hour workshop. Participants are asked to “mine” their homes in search of outdated, broken, or unloved jewelry. We will then use these pieces to learn about jewelry design, where materials come from, and different techniques of assembly. Everyone will take home a few pieces of fresh, ready-to-wear jewelry made from 100% recycled materials. This class can be held at either location.

## PRICE

\$75 per participant

## INCLUDED MATERIALS

- tools, findings (earring hooks, chain)

*5 participant minimum*



# Handmade Seeded Paper

Nicky Schauder of Permaculture Gardens walks participants through the process of handmade paper. Learn a fun way to recycle all the extra papers and fliers you have at home. Everyone will take home their own handmade seeded paper which they can enjoy as is or plant in the garden. This workshop can be held at either location and is kid friendly.

## PRICE

\$75 per participant

## INCLUDED MATERIALS

- tools, recycled paper, seeds
- mould and deckle

*5 participant minimum*





# *Nature Composed*

2016 WORKSHOP CATALOG

CONTACT US TODAY TO SIGN UP FOR YOUR WORKSHOP

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